

Term 1: New Beginnings

Identify with others in unfamiliar situations, understanding the need for rules in society and school, appropriate and inappropriate behaviour, difference and how it can be a barrier to friendship, overcoming assumptions, seeing situations from another person's perspective, understanding how it might feel to be excluded.

Term 2: Getting On and Falling Out

Different ways of behaving are appropriate to different types of relationships, accept and appreciate people's friendships, understand how difference can cause a barrier to friendship, the triggers to anger, how to calm down, control of anger, responsibility for actions, how to improve difficult situations, dealing with conflict appropriately.

Anti-bullying/kindness week activities

Term 3: Going for Goals

Know what people admire about me, know how to achieve goals, ability to keep trying and not quit, breaking big steps into smaller ones, consequences for reaching goals, apply new learning, identify next steps.

Term 4: Good to be Me

Working with others, understanding how it feels to start something new and why, strategies to deal with uncomfortable feelings, identify with others in unfamiliar situations, appropriate and inappropriate behaviour, seeing situations from another person's perspective.

Women's Aid Expect Respect Toolkit:

Secrets and Stories

Term 5: Relationships

Different ways of behaving are appropriate to different types of relationships, accept and appreciate people's friendships, responsibility for actions, how to improve difficult situations, dealing with conflict appropriately.

Term 6: Changes

Covered in SRE, puberty.